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LC #	Title	Author
B 132 Y6 H58 H8 1969	Richard Hittleman's Guide to Yoga Meditation	Hittleman, Richard L
BF 1045 W65 M37	Mother Wit, a feminist guide to psychic development	Mariechild, Diane
BF 1729 B4 R67 1974	The Natural Birth Control Book	Rosenblum, Arthur
BF 441 M28 1991	The Art of the Possible: a compassionate approach to understanding the way people think, learn, and communicate	Markova, Dawna
BF 575 A3 B3	Creative Aggression: The Art of Assertive Living	Bach, George R.
BF 575 A5 C37 2003	The Anger Trap: free yourself from the frustrations that sabotage your life	Carter, Les
BF 575 A5 E54 2004	Honor Your Anger: how transforming your anger style can change your life	Engel, Beverly
BF 575 A5 L47 1986 c.2	The Dance of Anger: a woman's guide to changing the patterns of intimate relationships	Lerner, Harriet Goldhor
BF 575 A6 B68 2003	Coping with Anxiety: 10 simple ways to relieve anxiety, fear & worry	Bourne, Edmund J
BF 575 A6 S9 1970	The Search for Serenity: understanding and overcoming anxiety	Sugarman, Daniel A
BF 575 A85 B72 2001	The Disease to Please: curing the people-pleasing syndrome	Braiker, Harriet B
BF 575 A85 B835 2001	How to Say No Without Feeling Guilty : and say yes to more time, more joy, and what matters most to you	Breitman, Patti,
BF 575 A85 D93 1978	Pulling Your Own Strings	Dyer, Wayne W
BF 575 A85 P27 2000	The Assertiveness Workbook: how to express your ideas and stand up for yourself at work and in relationships	Paterson, Randy J
BF 575 A85 P66 2005	Peace At Any Price: how to overcome the please disease	Poor, Deborah Day
BF 575 D34 S33 1987	When Society Becomes An Addict	Schaef, Anne Wilson
BF 575 F2 B37 1994	Embracing the Fear: Learning to manage anxiety & Panic Attacks	Bemis, Judith
BF 575 G7 S44 1997	Good Grief: making sense out of death, dying, and funerals	Shearon, Mark H
BF 575 I5 M45 2004	The Intimacy Factor: the ground rules for overcoming the obstacles to truth, respect, and lasting love	Mellody, Pia
BF 575 S75 B69 1986	The Type E Woman: how to overcome the stress of being everything to everybody	Braiker, Harriet B.
BF 575 S75 S44	Stress without Distress	Selye, Hans
BF 575 S75 S97 1991	In Harmony Resolving Stress	Sutton, Marcia
BF 575 W8 L67 2005	The Journey from Abandonment to Healing	Anderson, Susan
BF 575 W8 L67 2005	The Worry Cure: seven steps to stop worry from stopping you	Leahy, Robert L
BF 632.5 E92 2002	Controlling People: how to recognize, understand, and deal with people who try to control you	Evans, Patricia
BF 637 B85 D45 2003	Girl Wars: 12 strategies that will end female bullying	Dellasega, Cheryl
BF 637 B85 H37 1996	Breaking the Cycle of Violence: interventions for bullying and victimization	Hazler, Richard J
BF 637 C4 J64 1998	Who Moved My Cheese?: an amazing way to deal with change in your work and in your life	Johnson, Spencer
BF 637 C45 D49	The Interpersonal Communication Book	Devito, Joseph A.
BF 637 C45 F25 1971	Body Language	Fast, Julius
BF 637 C45 H45	Body Politics: power, sex, and nonverbal communication	Henley, Nancy M.
BF 637 C5 P35	Emotional Common Sense: the techniques of coping with stress, guilt, anxiety, hostility, loneliness, depression, and sexual-self destructiveness	Parker, Rolland S
BF 637 F67 T57 2002	Radical Forgiveness: making room for the miracle	Tipping, Colin C
BF 637 I48 E92 1996	The Verbally Abusive Relationships: how to recognize it and how to respond	Evans, Patricia M.
BF 637 I48 E93 1993	Verbal Abuse Survivors Speak Out: on relationship and recovery	Evans, Patricia M.
BF 637 L53 C44 1992	Ordinary Women, Extraordinary Lives: how to overcome adversity and achieve positive change in your life	Chellis, Marcia
BF 637 M4 H3 1990	The New Three Minute Mediator	Harp, David
BF 637 N4 C55	You Can Negotiate Anything	Cohen, Herb
BF 637 N4 F57 1983	Getting to Yes: negotiating agreement without giving in	Fisher, Roger
BF 637 N4 W37	Winning By Negotiation	Warschaw, Tessa Albert
BF 637 P3 T52 2008	The Mindful Woman: gentle practices for restoring calm, finding balance & opening your heart	Thoele, Sue Patton
BF 637 S4 C64 1997	Loving Yourself First: a woman's guide to personal power	Coleman-Willis, Linda
BF 637 S4 F57 1993	Life Mastery: challenging your impostor, embracing your genuine self	Fisher, Sally
BF 637 S4 W75 2006	The Soft Addiction Solution: break free of the seemingly harmless habits that keep you from the life you want	Wright, Judith
BF 637 S8 G85 1996	Your Rx for Success	Gunter, Luella
BF 637 S8 M2155 1979	Self Change: strategies for solving personal problems	Mahoney, Michael J

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BF 637 S8 S467	Wishcraft: how to get what you really want	Sher, Barbara
BF 697 B685	The Disowned Self	Branden, Nathaniel
BF 697 R77	Compassion and Self-Hate: an alternative to despair	Rubin, Theodore Isaac
BF 697.5 B63 H47 2007	The Cult of Thinness	Hesse-Biber, Charlene Nagy
BF 697.5 B63 H87 1985	Transforming Body Image: learning to love the body you have	Hutchinson, Marcia Germaine
BF 697.5 B63 R63 1992	Body Traps: breaking the binds that keep you from feeling good about your body	Rodin, Judith
BF 697.5.B63 A34 1998	Adiós, Barbie: young women write about body image and identity	edited by Ophira Edut
BF 698.2 C66	Snap Ping: America's Epidemic of Sudden Personality Change	Conway, Flo
BF 723 S43 F57	Sisters: love and rivalry inside the family and beyond	Fishel, Elizabeth
BF 724.55 A35 K73 1989	Alternatives to Aging	Kravette, Steve
BF 789 D4 K8 1970	On Death and Dying	Kübler-Ross, Elisabeth
BJ 1611.2 R38 1976	I Deserve Love: how affirmations can guide you to personal fulfillment	Ray, Sondra
BL 1478.6 S9 1970	Zen Mind, Beginner's Mind	Suzuki, Shunryū
BL 626.4 V36 1998	In the Meantime: finding yourself and the love that you want	Vanzant, Iyanla
BL 627 H3 1984	Working Inside Out: Tools for Change	Adair, Margo
BP 605 N48 V57 1986	Models of Love: the parent-child journey	Vissell, Barry
BQ 9286.2 B43 1989	Everyday Zen: love and work	Beck, Charlotte Joko
BT 732.5 B69 1990	At the Foot of the Mountain: discovering images for emotional healing	Bozarth, Alla Renée
BV 4596 S48 C53 2007	Raising Great Kinds On Your Own	Frisbie, David
E 185.86 B648 1997	In the Company of My Sisters: Black women and self-esteem	Boyd, Julia A
E 185.86 V369 1995	The Value in the Valley: a Black woman's guide through life's dilemmas	Vanzant, Iyanla
E 276 B66	The Women of '76	Booth, Sally Smith
HD 2741 M22 1977	Inc. Yourself: how to profit by setting up your own corporation	McQuown, Judith H
HD 38 T17 1980	Taking Care of the Job: techniques for assertive management	Taetzsch, Lynne
HD 6053 L34 1984	Janice LaRouche's Strategies for Women at Work	LaRouche, Janice
HD 6053 S268 1979	Winning at Work: a book for women : Dr. Florence Seaman's proven method of mastering crisis thinking, guilt, rejection, success, anger, criticism, power, and more	Seaman, Florence
HD 6053 W5 1967	Women at Work; every woman's guide to successful employment	Winter, Elmer L
HD 6054 B49 1996	Beyond the Glass Ceiling: forty women whose ideas shape the modern world	Griffiths, Sian
HD 6054.3 C37 1985	The Promotable Woman	Carr-Ruffino, Norma
HD 6054.4 U6 G63 1992	Our Wildest Dreams: Women Entrepreneurs Making Money, Having fun, Doing Good	Godfrey, Joline
HD 6055 C87 1977	A Guide For Working Mothers	Curtis, Jean
HD 6055.2 U6 N67 1984	The Working Mother's Complete Handbook	Norris, Gloria
HD 6056 Z5 1979	The Woman's Guide to Re-entry Employment	Schomaker, Mary Zimmeth
HD 6060.3 C65 1992	Stopping Sexual Harassment: a handbook for union and workplace activists	Colatosti, Camille
HD 6095 F52	Fighting Sexual Harassment: an advocacy handbook	Backhouse, Constance
HD 6095 N39	New Life Options: the working woman's resource book	Loring, Rosalind K.
HD 62.5 K73 1999 c.2	Girl Boss: running the show like the big chicks : entrepreneurial skills, stories, and encouragement for modern girls	Kravetz, Stacy
HD 62.7 F4 1987	Making it on Your Own	Feingold, S. Norman
HD 6250 U3 P76	Protecting Youth at Work: health, safety, and development of working children and adolescents in the United States	Board on Children, Youth, & Families
HD 6285.5 U6 M38 1995	Gay Issues in the Workplace	McNaught, Brian
HD 69 N3 J47	The Woman's Guide to Starting a Business	Jessup, Claudia
HD 69 S6 G73	How to Start & Manage Your Own Business	Greene, Gardiner G
HF 5381 L59 1992	Taking charge of Your Career Direction	Lock, Robert D
HF 5382.5 U5 C37 1999	Majoring in the Rest of Your Life: career secrets for college students	Carter, Carol
HF 5382.7 L63 1991	Job Search	Lock, Robert D
HF 5384 L67 1998	The Pathfinder: how to choose or change your career for a lifetime of satisfaction and success	Lore, Nicholas
HF 5548.8 B378 2006	Stop Pushing Me Around! : a workplace guide for the timid, shy, and less assertive	Benun, Ilise

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LC #	Title	Author
HF 5549 J3333	The Ok Boss	James, Muriel
HF 5549.12 T728 1989	The First Book of Common-Sense Management: how to overcome managerial madness by finding the simple key to success	Tracy, Diane
HF 5549.5 D7 S65 1990	Recovery at Work: a clean and sober career guide	Smith, Carol Cox
HF 5549.5 E43 M84 2005	Bulling Bosses: a survivor's guide : how to transcend the illusion of the interpersonal	Mueller, Robert
HF 5549.5 E43 N348 2000	The Bully at Work: what you can do to stop the hurt and reclaim your dignity on the job	Namie, Gary
HG 179 A26 2002	It's Only Money! : a primer for women	Acken, Allison
HG 179 P5552 1999	Plan Smart, Retire Rich : the book designed to help you reach your retirement dreams	Brenner, George D
HG 179 W5343 2001	A Woman's Book of Money & Spiritual Vision: putting your financial values into spiritual perspective	Williams, Rosemary
HG 181 O75 2007	Women & Money: owning the power to control your destiny	Orman, Suze
HM 1106 .K37 2000	Where to Draw the Line	Katherine, Anne
HM 1151 S8 1990	Connecting: a guide to great relationships	Sprouse, Marvin
HM 1206 .M376 2003	Civilized Assertiveness for Women: communication with backbone	McClure, Judith S
HN 65 S423 1988	Within Our Reach: Breaking the cycle of disadvantage	Wilson, William Julius
HN 90 C6 S46 2003	Stir It Up: lessons in community organizing and advocacy	Sen, Rinku
HQ 1063.6 P57 1999	Another Country: Navigating the emotional terrain of our elders	Pipher, Mary
HQ 1064 U5 D669 1994	Ourselves, Growing Older: Women aging with knowledge and power	Doress-Worters, Paula B
HQ 1064 U5 W44 1983	Old People are a Burden, but not My Parents: A preactical guide to the problems of aging-your own and those you love	Weiner, Marcella Bakur
HQ 1075 F69	Nonsexist Counseling: Helping women and men redefine their roles	Foxley, Cecelia H.
HQ 1206 B16 1981	Sexual Harassment On the Job: How to avoid the working woman's nightmare	Backhouse, Constance
HQ 1206 B23 1971	Psychology of Women: A study of Bio-Cultural Conflicts	Bardwick, Judith
HQ 1206 C25 1979	A Woman's Choice: A guide to decision making	Cammaert, Lorna P.
HQ 1206 C29 2008	Put Passion First: Why sexual chemistry is the key to finding and keeping lasting love	Cassell, Carol
HQ 1206 E94 1986	Every Woman's Emotional Well-Being: Heart & Mind, Body & Soul	Tavris, Carol
HQ 1206 F424 1976	Female Psychology: The Emerging Self	Cox, Sue
HQ 1206 F424 1981	Female Psychology: The Emerging Self	Cox, Sue
HQ 1206 H6	Feminine Psychology	Horney, Karen
HQ 1206 K47	Stress and the American Woman	Kinzer, Nora Scott
HQ 1206 M354 1987	The Psychology of Women	Matlin, Margaret
HQ 1206 M396 1983	Mirror Mirror: The terror of not being young	Melamed, Elissa
HQ 1206 M5 1973	Psychoanalysis and women: Contributions to New Theory and Therapy	Miller, Jean Baker
HQ 1206 P769 1987	The Psychology of Women: Ongoing debates	Walsh, Mary Roth
HQ 1237.5 U6 S49 1992	Sexual Harassment: women speak out	Sumrall, Amber Coverdale
HQ 1426 I54	Women's Sourcebook: Resources and information to use every day	DiMona, Lisa
HQ 21 D25 1978	The Dance-Away Lover: and other roles we play in love, sex, and marriage	Goldstine, Daniel
HQ 23 T56 1980	Sexual Harassment: a report on the sexual harassment of students	Till, Frank J
HQ 29 .K56 2006	Still Sexy After All These Years? : the 9 unspoken truths about women's desire beyond 50	Kliger, Leah
HQ 29 C37 1984	Swept Away: why women fear their own sexuality	Cassell, Carol
HQ 29 K444 2001	The Good Girls Guide to Bad Girl Sex: an indispensable resource for pleasure and seduction	Keesling, Barbara
HQ 31 B913 2007	CPR for Your Sex Life : how to breathe life into a dead, dying, or dull sex life : a guide and workbook for couples	Brown, Mildred L.
HQ 46 P28 1990	Making it: a woman's guide to sex in the age of AIDS	Patton, Cindy
HQ 46 T43 1977	Women's Sexuality: myth and reality : women's sexual response ... misconceptions ... Communicating While Making Love	Demeter, Kass
HQ 536 H48 2006	Single By Chance, Mothers By Choice: how women are choosing parenthood without marriage and creating the new american family	Hertz, Rosanna
HQ 60 F7	The Frontiers of Sex Research	Bullough, Vern L
HQ 71 I15 1983	I Never Told Anyone: writings/ by women survivors of child sexual abuse	Bass, Ellen
HQ 72 U53 B37 1988	The Courage to Heal: a guide for women survivors of child sexual abuse	Bass, Ellen

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LC #	Title	Author
HQ 72 U53 B58 1991	Secret Survivors: uncovering incest and its aftereffects in women	Blume, E. Sue
HQ 72 U53 R35 1987	This is About Incest	Randall, Margaret
HQ 72 U53 V64 1982	Voices in the Night: women speaking about incest	McNaron, Toni A.H.
HQ 72 U53 W543 1993	The Mother I Carry: a memoir of healing from emotional abuse	Wischild, Louise M.
HQ 72 U53 W57 1988	The Obsidian Mirror : an adult healing from incest	Wischild, Louise M.
HQ 734 C338 1993	Tender Bargaining: negotiating an equal partnership with the man you love	Cassell, Carol
HQ 734 S416	Becoming A Couple: making the most of every stage of your relationship	Schwartz, Roslyn
HQ 734 T24 1990	You Just Don't Understand: women and men in conversation	Tannen, Deborah
HQ 75.5 S57 1977	The Joy of Lesbian Sex: a tender and liberated guide to the pleasures and problems of a lesbian lifestyle	Sisley, Emily L
HQ 75.6 U5 C58 1988	Lesbian Couples	Clunis, D. Merilee
HQ 75.6 U5 S38 1986	Lesbian Etiquette: humorous essays	Sausser, Gail
HQ 75.6 U5 W6 1979	The Lesbian Community	Wolf, Deborah Goleman
HQ 759 B2213 1981	Mother Love: myth and reality	Badinter, Elisabeth
HQ 759 M88 1983	Mothering: essays in feminist theory	Treilcot, Joyce
HQ 759 W6 1978	Maternity: letters from working women	Davies, Margaret Llewelyn
HQ 759.4 D43 1997	Dear Diary, I'm Pregnant: teenagers talk about their pregnancy	Englander, Anrenée
HQ 759.45 E54 2006	The Complete Single Mother: reassuring answers to your most challenging concerns	Engber, Andrea
HQ 759.45 M37 1997	Single Mothers by Choice: a guidebook for single women who are considering or have chosen motherhood	Mattes, Jane
HQ 759.45 O486 1986	It's a Family Affair: the real lives of black single mothers	Omolade, Barbara
HQ 759.45 S65 2008	Choosing You: deciding to have a baby on my own	Soiseth, Alexandra
HQ 759.64 L57 1991	Your Baby's First Year: a how-to-parent book especially for teenage parents	Lindsay, Jeanne Warren
HQ 759.915 C87 1983	How to Become a Single Parent: a guide for single people considering adoption or natural parenthood alone	Curto, Josephine J
HQ 759.915 M673 2008	Choosing Single Motherhood: the thinking woman's guide	Morrisette, Mikki
HQ 76 G64 1978	Confronting Homophobia: notes on creating a lesbian community ; a matter of life	Goodman, Bernice
HQ 76 W92 1977	Motherhood Lesbianism and Child Custody	Wyland, Francie
HQ 76.25 A48 1990	The Alyson almanac: A Treasury of Information for Gay & Lesbian Community	Alyson Publications
HQ 76.25 J66 1978	Understanding Gay Relatives and Friends	Jones, Clinton R
HQ 76.3 U5 F33 1979	Now That You Know: what every parent should know about homosexuality	Fairchild, Betty
HQ 767.3 A25 1988	Abortion and Catholicism : the American debate	Jung, Patricia Beattie
HQ 767.4 B47 1978	A Teacher's Guide to Abortion, Birth Control, and Adolescent Counseling	The Abortion Counseling Service of Minnesota
HQ 767.5 U5 A24 1983	The Abortion Dispute and the American System	Steiner, Gilbert Y
HQ 767.5 U5 F77 1990	From Abortion to Reproductive Freedom: Transforming a movement	Fried, Marlene Gerber
HQ 769 G26	The Boys and Girls Book about Divorce, with an introduction for parents	Gardner, Richard A
HQ 772 S24 1983	How to Raise Your Kids to stand on their own two feet	Sanderson, Jim
HQ 774.5 K37 2003	The Happiest Baby on the Block: the new way to calm crying and help your newborn baby sleep longer	Karp, Harvey
HQ 774.5 L56 1991	The Challenge of Toddlers	Lindsay, Jeanne Warren
HQ 777 B66 1992	Meeting at the Crossroads: Women's Psychology and Girls' Development	Brown, Lyn Mikel
HQ 777.4 M65	Momma: The source book for single mothers	Hope, Karol & Young, Nancy
HQ 777.5 G64 1984	Divorce & Your Child: Practical suggestions for parents	Goldstein, Sonja
HQ 777.8 T39 1997	Growing Up in a Lesbian Family: Effectons on Child Development	Tasker, Fiona L. & Golombok, Susan
HQ 789 C46	Children's Rights: contemporary perspectives	Vardin, Patricia A. & Brody, Ilene N.
HQ 796 P625 1997	The Romance of Risk: why teenagers do the things they do	Ponton, Lynn E.
HQ 798 B72 1998	Any Girl can Rule the World	Brooks, Susan M.
HQ 800 B46	Single Women Alone & Together	Bequaert, Lucia H.
HQ 801.83 L48 1997	In Love & In Danger: A teen's guide to breaking free of abusive relationships	Levy, Barrie
HQ 809.3 U5 Z36 1985	For the Latina in an Abusive Relationship/Para la Mujer Golpeada	Zambrano, Myrna M

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LC #	Title	Author
HQ 834 A86 1981	What You Should Know About Your Husband's Money...Before the Divorce	Aspaklaria, Shelley
HQ 834 R63 1982	Women, Divorce, and Money: Plain talk about money, settlements, procedures, financial survival for women who are divorced or thinking about divorce	Rogers, Mary
HV 5035 J64 1980	I'll Quit Tomorrow: A practical guide to alcoholism treatment	Johnson, Vernon E.
HV 5132 A24 1987	Children of Alcoholics: A bibliography & resource guide	Ackerman, Robert J.
HV 5132 A265 2002	Perfect Daughters: Adult Daughters of Alcoholics	Ackerman, Robert J.
HV 5133 B53 1982	It Will Never Happen To Me!	Black, Claudia
HV 5278 .A437 1981 c.2	Twelve Steps and Twelve Traditions	Alcoholics Anonymous World Services, Inc.
HV 5293 K47 A3 1978	Turnabout: Help for a new life	Kirkpatrick, Jean
HV 5740 B75 1998	Dying To Quit: Why We Smoke and How We Stop	Brigham, Janet
HV 6250.4 W65 F53	Fight Back!: Feminist resistance to male violence	Delacoste, Frédérique
HV 6558 M3 1996	Taking the Date Out of Rape	McColgan, Aileen
HV 6561 R33 1998	After Silence: Rape and my journey back	Raine, Nancy Venable
HV 6626 D38 1978	Conjugal Crime: Understanding and changing the wifebeating pattern	Davidson, Terry
HV 6626 M35 1981	Battered Wives	Martin, Del
HV 6626 S65 1989	Learning to Live Without Violence: a handbook for men	Sonkin, Daniel Jay
HV 6626 W48 1985	Chain Chain Change: for black women dealing with physical and emotional abuse	White, Evelyn C
HV 6626.2 K72	Healing the Trauma of Domestic Violence : a Workbook for Women	Kubany, Edwards S.
HV 6626.2 W417 2003	Family and Friends' Guide to Domestic Violence: How to listen, talk, and take action when someone you care about is being abused	Weiss, Elaine
HV 699 F66 1989	Toxic Parents: Overcoming Their Hurtful Legacy & Reclaiming Your life	Forward, Susan
KF 3467 Z9 O83 1998	Sexual Harassment: A practical guide to the law, your rights, and your options for taking action	O'Shea, Tracy
KF 3828 Z9 W4	Legal Services and Community Mental Health Centers	Weihofen, Henry
KF 535 Z9 C57 1982	Consultation with a Divorce Lawyer: Clear, detailed answers to your legal questions-concerning your home, your family, your money, and your rights	Clair, Bernard E
KF 535 Z9 S62 1998	What Every Women Should Know about Divorce & Custody: Judges, lawyers, and therapists share winning strategies on how to keep the kids, the cash, and your sanity	Smith, Gayle Rosenwald
KF 547 Z9 L97 1995	Child Custody: Building parenting agreements that work	Lyster, Mimi E.
PN 4121 W4 1996	Essentials of Public Speaking	Weaver II, Richard L
PS 3552 O59 A83	Aunt Erma's Cope Book: How to get from Monday to Friday...in 12 days	Bombeck, Erma
QP 263 T39 1988	Red Flower: Rethinking menstration	Taylor, Dena
RA 564.85 D69 1995	What Makes Women Sick: Gender and the political economy of health	Doyal, Lesley
RA 564.85 M37 1980	Women in the Health System: Patients, providers, and programs	Marieskind, Helen I.
RA 564.85 W6555 1993	Women & Healthy Aging: Living productively in spite of it all	Garner, J. Dianne
RA 564.87 .L475 2010	Lesbian Health 101: a clinician's guide	Dibble, Suzanne L.
RA 776.5 H63 1984	The Holistic Health Handbook: a tool for attaining wholeness of body, mind, and spirit	Berkeley Holistic Health Center
RA 777.8 G75 1999	Women's Health: A guide to symptoms, illness, surgery, medical tests & procedures	Griffith, H. Winter
RA 778 B645 1990	Black Women's Healthbook, The: Speaking for ourselves	White, Evelyn C
RA 778 C2163 1996	Harvard Guide to Women's Health, The	Carlson, Karen J
RA 778 N49 2005	Our Bodies, Ourselves: A new edition for a new era	The Boston Women's Health Book Collective
RA 778 S255 1981	Women, Health, and Choice	Sandelowski, Margarete
RA 781.6 F62 2000	The Fit Factor: How getting strong can help you lose weight	Weight Watchers International
RA 785 B4	The Relaxation Response	Benson, Herbert
RA 785 S434 1999	Managing Stress: Principles and strategies for health and wellbeing	Seaward, Brian Luke
RC 280 B7 L48	A Death of One's Own	Lerner, Gerda
RC 280 B8 1996	Patient No More : The politics of breast cancer	Batt, Sharon
RC 451.4 M58 E84 1997	Latina Realities: essays on healing, migration, and sexuality	Esín, Oliva M
RC 451.4 W6 D46 1979	Women & Anxiety: a step-by-step program to overcome your anxieties	De Rosis, Helen
RC 451.4 W6 W64	Women and Mental Health	Howell, Elizabeth
RC 451.5 A2 H45	Using Race & Culture in Counseling & Psychotherapy: theory and process	Helms, Janet E.
RC 451.5 N4 H66 1993	Sisters of the Yam: black women and self-recovery	Hooks, Bell

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LC #	Title	Author
RC 480.5 F743	Women in Therapy: New psychotherapies for a changing society	Franks, Violet
RC 480.5 H32	I'm Ok, Your Ok: A practical guide to transactional analysis	Harris, Thomas A.
RC 480.5 P45	Gestalt Therapy Verbatim: An action approach to deepening awareness and living fully in the here and now, as experienced in workshops at Esalen Institute	Perls, Frederick S
RC 480.5 P77	Psychotherapy for Women: treatment toward equality	Rawlings, Edna I
RC 489 F45 G73 1983	A New Approach to Women Therapy	Greenspan, Miriam
RC 489 F45 M37 1995	Beyond Psychopression: A feminist alternative therapy	McLellan, Betty
RC 533 R365 1996	The Culture of Recovery: Making sense of the self-help movement in women's lives	Rapping, Elayne
RC 535 B87 2006	When Panic Attacks: the new, drug-free anxiety therapy that can change your life	Burns, David D.
RC 537 B87 1981	Feeling Good: the new mood therapy	Burns, David D.
RC 552 A44 S43 1987	Free From Fears: New help for anxiety, panic, and agoraphobia	Seagrave, Ann
RC 552 A5 B76 2010	Brave Girl Eating: A family's struggle with anorexia	Brown, Harriet
RC 552 A5 L58 1980	Solitaire: A young woman's triumph over anorexia nervosa	Liu, Aimee
RC 552 A72 R68 1986	Breaking Free From Compulsive Eating	Roth, Geneen
RC 552 B84 H36 1990	Eating Without Fear: a guide to understanding and overcoming bulimia	Hall, Lindsey
RC 552 C65 B847 2009	Crave: Why you binge eat and how to stop	Bulik, Cynthia M
RC 552 C65 H65 1994	Fat and Furious: Women and food obsession	Hollis, Judi
RC 552 C65 R655 2003	Breaking Free from Emotional Eating	Roth, Geneen
RC 552 C65 R66 1992	When Food is Love: Exploring the relationship between eating and intimacy	Roth, Geneen
RC 552 C65 T84 1993	Twelve steps and Twelve Traditions of Overeaters Anonymous, The	Overeaters Anonymous, inc. (U.S.)
RC 552 E18 C53 1999	Secret Language of Eating Disorders:, The How you can understand and work to cure anorexia and bulimia	Claude-Pierre, Peggy
RC 552 O25 K84 2005	Passing for Thin: Losing half my weight and finding myself	Kuffel, Frances
RC 552 O25 O7	Fat is a Feminist Issue: A self-help guide for compulsive eaters	Orbach, Susie
RC 552 P67 H47 1997	Trauma and Recovery (hard cover)	Herman, Judith Lewis
RC 552 P67 H47 1997	Trauma and Recovery (paperback)	Herman, Judith Lewis
RC 552 P67 W37 1994	Abused Women and Survivor Therapy: a practical guide for the psychotherapist	Walker, Lenore E
RC 552 S4 C66 1998	Bodily Harm: the breakthrough treatment program for self-injurers	Conterio, Karen
RC 560 I53 K36 1989	Recovering From Incest: Imagination and the healing process	Kane, Evangeline
RC 565 K49 1978	Alcoholic Woman's Mad Mad World of Denial and Mind Games, The	Kimball, Bonnie-Jean
RC 565 M445 1982	How to Control Your Drinking: A practical guide to responsible drinking	Miller, William R
RC 565 W55	Alcoholism: The nutritional approach	Williams, Roger J.
RC 569.5 .A28 D38 1991	Allies in Healing: When the person you love was sexually abused as a child	Davis, Laura
RC 569.5 A28 D38 1991	Allies in Healing: When the person you love was sexually abused as a child	Davis, Laura
RC 569.5 A28 M35 1991	Sexual Healing Journey, The: a guide for survivors of sexual abuse	Maltz, Wendy
RC 569.5 A32 L35 1991	"If my Dad's a Sexaholic, What Does that Make Me?"	Lair-Robinson, Barbara
RC 569.5 C55 F37 1990	Adult Children of Abusive Parents: a healing program for those who have been physically, sexually, or emotionally abused	Farmer, Steven
RC 569.5 C55 G55 1984	Outgrowing The Pain: A book for and about adults abused as children	Gil, Eliana
RC 569.5 C63 B43 1987 c.2	Codependent No More: How to stop controlling others and start caring for yourself	Beattie, Melody
RC 569.5 C63 B436 2009	New Codependency, The: help and guidance for today's generation	Beattie, Melody
RC 569.5 F3 S75 1996	State Responses to Domestic Violence: Current status and needed improvements	Women, Law & Development International
RC 569.5 M8 G55 1990	United We Stand: A book for people with multiple personalities	Gil, Eliana
RC 607 A26 A34525 1988	Aids: A guide for Survival	Harris County Medical Society (Tex.)
RC 628 B72 1973	Eating Disorders: obesity, anorexia nervosa, and the person within	Burch, Hilde
RC 628 O9 1980	Overeaters Anonymous	Overeaters Anonymous, Inc.
RC 628 S467 1983	Shadow On A Tightrope	Schoenfelder, Lisa
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